



Methodist
FAMILY HEALTH
FOUNDATION

Help Arkansans in Crisis Experience the Joy of the Holidays

Methodist Family Health provides the best possible care for those who experience abandonment, abuse & neglect or struggle with psychiatric, behavioral or emotional issues.

The Foundation supports the children, teens & mothers in our inpatient behavioral hospitals, psychiatric residential treatment, substance use recovery program, day treatment school, grief support program & outpatient counseling.

**Help those in our care feel the magic of the season
- despite the trauma they have endured or the hospital setting they may be in.**

These general items help us fulfill Christmas lists & ensure that everyone in our care has gifts:

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| <ul style="list-style-type: none">• Basketballs, footballs & soccer balls• Adult & children's coloring books• Colored pencils & markers• Paperback books• Non-spiral sketchbooks• Socks of all sizes• Sweatshirts of all sizes | <ul style="list-style-type: none">Board & card games like<ul style="list-style-type: none">• Yatzee & Trouble• SkipBo & Sequence• Connect 4 & Checkers• Jenga & Headbanz• Sorry & Chutes & Ladders• Uno & Phase 10• Scrabble & Chess | <ul style="list-style-type: none">• Holiday body wash & hygiene kits• Craft kits & supplies• Building blocks of all kinds, like Legos & Lincoln Logs• Puzzles or puzzle games, like Rubik's Cubes• Fidget & sensory toys |
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SEE
AMAZON
WISHLIST



SEE
WALMART
REGISTRY



TO
DONATE
MONEY



**To sponsor individual Christmas lists for MFH clients,
go to ChristmasatMFH.com.**

ChristmasatMFH.com is updated each year by mid-November. For the health & safety of the children & families in our care, all donated items must be new. Toy guns or toy weapons of any kind are not accepted. Any items that could be used for harm or deemed otherwise unsuitable will be donated elsewhere.

Questions? Contact foundation@methodistfamily.org or 501-906-4253