



Methodist

FAMILY HEALTH FOUNDATION

Rebuilding the Lives of Children and Families since 1899

Dear Friends,

Join our Get Up & Give donation drive this Spring!

Imagine facing trauma and other mental health issues. Then imagine trying to face those challenges while simultaneously struggling to afford basic necessities.

That's where the Foundation steps in—with your support, we ensure that those in the care of Methodist Family Health have the essentials they need so their focus can be on healing.

This Spring, we are asking for new items and contributions to stock our Donation Closet. See the enclosed list of the needed items. You'll also find QR codes to order goods directly from Amazon and Walmart.

Help us fulfill our mission of providing the best possible care for Arkansans who experience abandonment, abuse and neglect or struggle with psychiatric, behavioral and emotional issues.

Please know that your compassion, concern and donations make a positive impact. With your support, we can continue to help our clients build a brighter future.

With Gratitude,

Amanda Smith

Amanda Smith, CFRE
Executive Director





Donate Funds or Reach Out for More Info

Methodist Family Health Foundation
1600 Aldersgate Road, Suite 100
Little Rock, Arkansas 72205
note GUAG if sending checks
501-906-4253
foundation@methodistfamily.org
mfhfoundation.org



Get Up & Give is an annual donation drive to collect much-needed items for those in the care of Methodist Family Health. Many of the Arkansans we serve are in the foster care system or struggle to afford necessities.

Individual, group and corporate support helps provide supplies that allow our clients to focus on healing after experiencing abandonment, abuse, and neglect or struggling with psychiatric, behavioral and emotional issues.

For the health & safety of those in our care, all donated items must be NEW.

Suave & non-aerosol products are preferred, due to chemical composition & hospital safety guidelines. Stuffed animals & toy weapons of any kind are not accepted. Any items that could be used for harm or deemed otherwise unsuitable will be donated elsewhere.

Drop off items between February 14 - April 30, 2026 at a location below:

please call for drop off hours

74 W. Sunbridge Drive
Fayetteville, AR 72703
479-582-5565

100 Ridgeway, Suite 5
Hot Springs, AR 71901
501-318-6066

1600 Aldersgate Road, Suite 100
Little Rock, AR 72205
501-906-4253

515 W. Main Street
Heber Springs, AR 72543
501-365-3022

2239 S. Caraway, Suite M
Jonesboro, AR 72401
870-910-3757

621 E. North Street
Magnolia, AR 71753
870-234-0739

Items in Most Need

- Body wash–Suave Only
- Solid deodorant–Suave Only
- Shampoo & Conditioner–Suave Only
- Unscented lotion–Suave Only
- Tampons, pads & pantyliners
- WHITE towels & washcloths
- WHITE twin-size sheets, mattress pads, comforter sets, pillowcases
- Bed pillows
- Non-spiral composition notebooks
- Toothpaste in regular & travel sizes
- Toothbrushes in adult & child sizes
- Leggings & joggers in all youth & adult sizes
- Sweatshirts in all youth & adult sizes
- Unisex undershirts in youth & adult sizes S-2X
- Boxer briefs in all sizes for youth & men
- Women's underwear in sizes S-XL
- Women's bras (no underwire) in sizes S-XL
- Crew socks in all sizes
- Activity & coloring books for all ages

Other Items Requested

Baby & Toddler Care

- Baby wash & baby lotion
- A&D Ointment
- Vaseline (small jars or tubes)
- Diapers & wipes
- Pullups in sizes 2T-5T
- Bottles & sippy cups
- Onesies in all infant sizes
- Receiving blankets
- Toddler bed sets in any color

Books and Toys

- Card & board games
- Puzzles
- Building blocks of all kinds (Legos, Lincoln Logs, etc.)
- Basketballs, footballs, soccer balls
- Canvases & paint brushes
- Crafts & art sets
- Perler bead supplies & kits

Bath

- Shaving cream
- Disposable razors
- Facial tissue
- Hairbrushes
- Ponytail holders & hair clips
- Textured hair care products, like Cantu (shampoo, conditioner, gel, combs, oil)

School Supplies

- Clear & solid colored backpacks
- Pens, washable markers, crayons & colored pencils
- Pencils & pencil bags
- Loose-leaf paper

Gift Cards

- Walmart & Amazon

Purchase Items to Ship Directly to Us

Scan QR codes to see wish lists. Note name & address in gift area to receive acknowledgement & tax receipt

AMAZON



WALMART

