



**share  
THE LIGHT**



*Methodist*  
FAMILY HEALTH  
FOUNDATION

**This Christmas,**

**You can help children, teens and families in Arkansas find safe places to heal, compassionate care and a future filled with possibility.**

**Be a light**

**that guides them through their darkest times.**

**A light of hope in the eyes of a child.**

**A light of comfort for a struggling family.**

**A light of healing when it's needed most.**

**When you give light...you give hope.**

**And with your help,**

**hope shines brighter than ever.**



501.906.4253



foundation@methodistfamily.org



[www.mfhfoundation.org](http://www.mfhfoundation.org)



1600 Aldersgate Road Suite 100  
Little Rock, AR 72205

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