



This Christmas,  
you have the power to change a life.

You can help children, teens and families in Arkansas find safe places to heal, compassionate care and a future filled with possibility.

A gift is more than a donation - it's a light that guides them through their darkest times.

A light of hope in the eyes of a child.  
A light of comfort for a struggling family.  
A light of healing when it's needed most.

When you give light...you give hope.  
And with your help,  
hope shines brighter than ever.

**share  
THE LIGHT**



Methodist  
FAMILY HEALTH  
FOUNDATION



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[www.mfhfoundation.org](http://www.mfhfoundation.org)



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