



Methodist
FAMILY HEALTH
FOUNDATION

Tangible Goods Offer Immediate Intangible Joy

Fulfilling essential needs is vital for those in our care to focus on healing after experiencing abandonment, abuse or neglect & psychiatric, behavioral & emotional issues.

Having access to basic necessities is important to both physical and mental well-being. Many families struggle to afford these supplies, the Foundation provides items from our Donation Closet to offer clients a sense of dignity, confidence and comfort and help reduce stress, anxiety and isolation.

Most-Needed Essentials*

- WHITE towels & washcloths
- WHITE twin-size sheets, mattress pads, comforter sets, pillowcases
- Bed pillows
- Body wash–Suave Only**
- Solid deodorant–Suave Only
- Shampoo–Suave Only
- Conditioner–Suave Only
- Unscented lotion–Suave Only
- Toothpaste in regular & travel sizes
- Toothbrushes in adult & child sizes
- Paper towels
- Tampons, pads & pantyliners
- Diapers in all sizes
- Undershirts in youth & men's sizes small-2X
- Boxer briefs in all sizes
- Socks in all sizes
- Non-spiral composition notebooks

Supplies can be purchased on Amazon.com or Walmart.com to be shipped directly to us. When placing an online order, please use the gift feature to include your name and address so that you will receive acknowledgement of your gift.

SEE
AMAZON
WISHLIST



SEE
WALMART
REGISTRY



***For the health & safety of the children & families in our care, all donated items must be new.**
****The brand Suave & non-aerosol products are preferred** to adhere to hospital safety guidelines & standards of care due to the chemical composition of other hygiene products.
Stuffed animals, toy guns or toy weapons of any kind are not accepted. Any items that could be used for harm or deemed otherwise unsuitable will be donated elsewhere.

We accept goods at the Foundation office any time throughout the year; please reach out to us in advance of your visit to ensure staff is available to accept your donation.